

COFFEE HOUSE

# CRUMBLES

& DELI Menu

## Delis & Toasties

### Bacon & Brie - £5.95 (697 Kcal)

Freshly baked ciabatta filled with crispy back bacon, brie and onion chutney

### Club Sandwich - £6.95 (839 Kcal)

Triple decker sandwich with toasted white bread, lemon and herb marinated chicken, thick cut bacon, cheddar cheese, gem lettuce, plum tomato, and vegan mayonnaise

### Tuna Mayo - £5.80 (580 Kcal)

Scrocchiarella bread filled with tuna, vegan mayonnaise, crisp gem lettuce and crunchy peppers

### Ham - £5.80 (345Kcal)

Scrocchiarella bread filled with sliced gammon ham, wholegrain mustard, vegan mayo, baby gem lettuce and sliced plum tomato

### Cheese - £5.80 (625 Kcal) V

Scrocchiarella bread filled with grated mature cheddar, sliced red onion, vegan mayonnaise and rocket lettuce

### Bhaji Sandwich - £5.80 VE (651Kcal)

Scrocchiarella bread filled with onion bhajis coriander and spinach salad, Vegan mint sauce, mango chutney and sliced cucumber

*All sandwiches served with a side of crisps.  
Gluten free versions of all sandwiches are available, just ask at the till*

## Sharing Board for two

### Ploughmans Board - £15 (1664Kcal)

Sliced gammon ham, mature English cheddar, creamy brie, apple, pickled onions, baked ciabatta, coleslaw, tomato, celery and onion chutney

Add a hog roast sausage roll for £2.50 (576 Kcal)

## Kids Boxes

Includes: Sandwich, Pom Bear crisps, fruit shoot and a piece of fruit

Ham - £5 (338 Kcal) Cheese - £5 (452 Kcal)

Tuna - £5 (393 Kcal)

Open Mon-Sat 8am-4pm Food served until 3pm

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## Soups

**Soup of the day with a roll and butter - £6 (400-444 Kcal)**

## Salad

### Topped Salads - £6.75

(224 Kcal) VE, GF

Mixed leaf salad with roasted red peppers, red onion, cucumber, tomato, and pomegranate.

#### Select your Topping.

Lemon and herb chicken (106 Kcal) GF

Onion bhajis (158Kcal) VE, GF

Feta (145 Kcal) V, GF

Grated cheddar cheese (331 Kcal) V, GF

Coleslaw (327Kcal) VE, GF

Tuna mayonnaise (423 Kcal) GF

Ham (71Kcal) GF

#### Select your Dressing.

Sweet chilli sauce (70 Kcal) VE, GF

Vegan lemon mayo (168 Kcal) VE, GF

Balsamic dressing (47 Kcal) VE, GF

## Baked

Served with side salad

**Hog Roast Sausage Roll - £3.95 (576 Kcal)**

**Quiche Tomato & Cheese - £6.90 (575Kcal) V**

**Quiche Leek & Emmental**

**Cheese - £6.90 (532Kcal) V**

## Jacket Potato

Served with side salad

**Jacket potato with one filling - £6**

Baked Beans (558 Kcal) VE, GF

Grated Cheese (675 Kcal) GF, V

Coleslaw (529 Kcal) VE, GF

Tuna mayonnaise (624 Kcal)

**Additional fillings £1**

**The daily recommended intake for adults is 2000 Kcal per day.**

V - Vegetarian, GF - Gluten Free, VE - Vegan

# GRAB & GO BREAKFAST

## MONDAY TO FRIDAY

Any Turnover or Danish or Granola pot,  
with a hot drink - £5

## Danish Pastries

Butter Croissant - £2.50 (225 Kcal) *V*

Danish pastries - £2.95 *V*

Cinnamon Whirls (381 Kcal), Pistachio Filled Croissant (308Kcal),

Vegan Vanilla and Hazelnut crown (349 Kcal) *VE*

## Breakfast

(Breakfast served until 11am)

Toast and butter - £2.60 (331Kcal White / 345Kcal Grain) *V*

Beans on toast - £4.20 (553 Kcal) *V*

Sourdough Crumpets - £3.20 (280 Kcal) *V*

Cheese on toast - £4.20 (667Kcal) *V*

Avocado, tomato and feta toast - £6.50 (817Kcal) *V*

## Breakfast Sandwiches

Served on white or brown bread

Bacon sandwich - £4.25 (339 Kcal)

Bacon and Omelette sandwich - £4.55 (418 Kcal)

Sausage sandwich - £4.40 (582 Kcal)

Sausage and Omelette sandwich - £4.70 (661 Kcal)

Double Omelette sandwich - £4 (356 Kcal) *V*

Vegan Sausage sandwich - £4.25 (345 Kcal) *VE*

## Breakfast Bites

Granola pot with natural yoghurt  
and berries - £4 (553Kcal) *V*

Granola pot with natural yoghurt,  
honey and apple - £4 (495Kcal) *V*

Bacon and cheese turnover - £3.50 (580Kcal)

Sausage and cheese turnover - £3.70 (635Kcal)

Cheese & onion chutney turnover - £3.30 (553Kcal) *V*

*V* - Vegetarian, *GF* - Gluten Free, *VE* - Vegan

## Cold Drinks

San Pellegrino Sparkling Lemon - £2.50 (74 Kcal)

San Pellegrino Pomegranate & Orange - £2.50 (70Kcal)

San Pellegrino Blood Orange - £2.50 (63Kcal)

Still Water - £1.50 (0 Kcal)

Sparkling Water - £1.50 (0 Kcal)

Coke Zero - £2.20 (2 Kcal)

Pepsi Max - £2.20 (0Kcal)

Irn-Bru - £2.20 (214Kcal)

Hydra Juice Orange - £1.75 (66Kcal)

Hydra juice Apple - £1.75 (66Kcal)

Fruit Shoot Blackcurrant - £1.50 (10 Kcal)

Fruit Shoot Orange - £1.50 (10 Kcal)

Iced Coffee Latte - £3.80 (98 Kcal)

## Hot Drinks

10p off if using a reusable Cup

Twinning's English Breakfast Tea - £2.50 (2 Kcal)

Twinning's Fruit Teas - £2.65 (2 Kcal)

Hot Chocolate - £3.60 (119 Kcal)

Americano - £2.90 (0 Kcal)

Espresso - £2.50 (0 Kcal)

Latte - £3.30 (98 Kcal)

Cappuccino - £3.30 (85 Kcal)

Flat White - £3.25 (73 Kcal)

Mocha - £3.60 (133 Kcal)

Macchiato - £3.50 (98 Kcal)

Babyccino - £1.50 (70Kcal)

## The Cakes

Raspberry & white chocolate cookie - £1.80 (335 Kcal) *V*

Lemon Drizzle - £3.75 (231 Kcal) *V*

Scone with butter - £3.50 (632 Kcal) *V*

Chocolate Fudge cake - £3.75 (370 Kcal) *GF, V*

Rhubarb and custard cake - £3.75 (513 Kcal) *V*

Teacakes - £2.95 (233 Kcal) *V*

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