

COFFEE HOUSE

# CRUMBLES

& DELI

## MENU

### Delis

#### Club Sandwich - £6.95 (839 Kcal)

Triple decker sandwich with toasted white bread, lemon and herb marinated chicken, thick cut bacon, cheddar cheese, gem lettuce, plum tomato and mayonnaise.

#### Tuna Mayo - £5.75 (580 Kcal)

Classic Tuna mayo on a sourdough baguette, with gem lettuce

#### Bacon & Brie - £5.95 (697 Kcal)

Freshly baked ciabatta filled with crispy back bacon, brie and onion chutney.

#### Ham - £5.75 (345Kcal)

A pretzel bread roll filled with sliced carvery ham, wholegrain mustard mayo, baby gem lettuce and sliced plum tomato.

#### Cheese - £5.50 (625 Kcal)

Freshly baked sourdough baguette filled with mature cheddar cheese, onion chutney with rocket lettuce and pickled red onion

### Jacket Potato

All served with garnish

Select your toppings

Baked Beans - £5.75 (558 Kcal) Coleslaw - £5.75 (529 Kcal)

Grated Cheese - £6 (675 Kcal) Tuna Mayo - £6.75 (624 Kcal)

### Soups

#### Soup of the Day - £5.95 (400-444 Kcal)

With a roll and butter

### Baked

All served with garnish

Quiche of the day - £6.75 (545-555 Kcal)

Hog Roast Sausage Roll - £3.95 (576 Kcal)

### Sharing Boards for two

#### Ploughmans Board £14 (1664Kcal)

Sliced wiltshire gammon ham, mature english cheddar, creamy-brie, apple, pickled onions, baked sourdough baguette, coleslaw, tomato, celery, and onion chutney

Add a hog roast sausage roll for £2.50 (576 Kcal)

#### Hummus Board £13 (2538 Kcal)

3 types of Hummus, including beetroot, lemon, coriander and original paired with fresh sourdough baguette, pomegranite, olive oil, roasted red peppers, celery and carrot.

Add feta and honey for £2.50 (351Kcal)

### Salad

#### Topped Salads - £6.75 (224 Kcal)

Quinoa salad with freshly chopped herbs, roasted red peppers, pickled red onion, pomegranate and mixed leaf salad.

Select your Topping.

Lemon and herb chicken (106 Kcal)

Falafels (106 Kcal) Baked feta (145 Kcal)

Select your Dressing.

Sweet chilli sauce (70 Kcal) Balsamic dressing (47 Kcal)

Vegan lemon mayo (168 Kcal)

### Kids Boxes

Includes: sandwich, pom bear crisps, fruit shoot and a piece of fruit

Ham - £5 (338 Kcal) Cheese - £5 (452 Kcal)

Tuna - £5 (393 Kcal)

The daily recommended intake for adults is 2000 Kcal per day.

Open Mon-Sat 8am-4pm Food served until 15.30pm

Compton Care, Compton Hall, 4 Compton Road West, Wolverhampton, WV3 9DH - Telephone 01902 774549

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### Danish Pastries

- Butter croissant - **£2.50** (225 Kcal)
- Pain Au chocolat - **£2.75** (288 Kcal)
- Cinnamon Whirls - **£2.75** (381 Kcal)
- Vegan Vanilla & Hazelnut Crown - **£2.95** (349 Kcal)

### Breakfast

(Breakfast served until 11am)

- Toast and butter **£2.25** (331Kcal white / 345Kcal grain)
- Beans on Toast - **£3.50** (553 Kcal)
- Cheese on Toast - **£3.75** (661 Kcal)
- Sourdough Crumpets - **£3** (280 Kcal)

### Served on Vegan Brioche

- Bacon - **£4** (339 Kcal)
- Bacon and Omelette - **£4.20** (418 Kcal)
- Sausage - **£4.20** (582 Kcal)
- Sausage and Omelette - **£4.40** (661 Kcal)
- Double Omelette - **£3.75** (356 Kcal)
- Vegan Sausage - **£4** (345 Kcal)

### The Cakes

- Raspberry and white chocolate Cookie - **£1.95** (335 Kcal)
- Lemon Drizzle - **£4.10** (231 Kcal)
- Scones - **£4.25** (632 Kcal)
- GF Chocolate Fudge Cake - **£4.25** (370 Kcal)
- Rhubarb and Custard Cake - **£4.25** (513 Kcal)
- Teacakes - **£2.95** (233 Kcal)

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### Cold Drinks

- J20 Orange & Passion Fruit - **£2.95** (63 Kcal)
- Raspberry Lemonade - **£2.95** (55 Kcal)
- Dandelion & Burdock - **£2.95** (123 Kcal)
- Pomegranate & Elderflower - **£2.95** (55 Kcal)
- Still Water - **£1.50** (0 Kcal)
- Sparkling Water - **£1.50** (0 Kcal)
- Coke Zero - **£2** (2 Kcal)
- Fanta Lemon - **£2** (96 Kcal)
- Orange Juice - **£2.50** (123 Kcal)
- Fruit Shoot Blackcurrant - **£1.50** (10 Kcal)
- Fruit Shoot Orange - **£1.50** (10 Kcal)
- Iced Coffee Latte - **£3.45** (98 Kcal)

### Hot Drinks

- Twinings English Breakfast Tea - **£2.50** (2 Kcal)
- Twinings Fruit Teas - **£2.65** (2 Kcal)
- Hot Chocolate - **£3.60** (119 Kcal)
- Americano - **£2.90** (0 Kcal)
- Espresso - **£2.50** (0 Kcal)
- Latte - **£3.30** (98 Kcal)
- Cappuccino - **£3.30** (85 Kcal)
- Flat White - **£3.25** (73 Kcal)
- Mocha - **£3.60** (133 Kcal)
- Macchiato - **£3.50** (98 Kcal)
- Babyccino - **£1** (70 Kcal)



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